

## Lauren Sorel

### Associate

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Language(s) spoken: English, [French](#)

Bar Admission(s): New Brunswick, 2024

Legal Assistant(s): [Cass Phillips](#), [Jill Haines](#),  
[Melissa O'Neill](#), [Sheri Vessey](#)

Lauren's practice consists of insurance, labour and employment, administrative issues, estate matters, and more. Her commitment to client satisfaction is evident in her adeptness at cultivating trust and tailoring solutions to their unique circumstances. With a blend of competence and compassion, Lauren strives to consistently achieve outstanding outcomes for clients.

## Practice Areas

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Estates & Trusts

Human Rights

Insurance

Labour & Employment

Litigation & Alternative Dispute Resolution

Professional Regulation & Misconduct

## Education & Career

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### Education

University of New Brunswick, Juris Doctor, 2023

St. Francis Xavier University, BSc in Psychology, 2018

## Activities

Volunteer, UNB Law Restorative Justice Society, 2020-2023

Student Caseworker, Fredericton Legal Advice Clinic, 2021-2023

Volunteer, Pro Bono Students Canada UNB Chapter, 2021-2022

Peer Mentor, UNB Law Orientation Committee, 2021-2023

## Accolades

New Brunswick Law Foundation Scholarship, 2022-2023

## Thought Leadership

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Historic human rights ruling: Alberta tribunal sets record with landmark damages award, redefining the rules on compensation and deterrence

September 03, 2024

Workplace investigation helps avoid costly litigation

July 29, 2024